

JOIN THE T1D COMMUNITY AT EL TOUR DE TUCSON!

SATURDAY, NOVEMBER 18, 2023

3 WAYS TO JOIN!



PREVIOUSLY WALKED IN TUCSON?

Join JDRF at the 5K Walk/Run at El Tour de Tucson this year!



FUN RIDE

Participate in a 3-mile or 1-mile ride



RIDE

Choose from one of the three routes to cycle: 32 mile, 62 mile, 102 mile



HOW TO REGISTER

1. Register for your event at eltourdetucson.org
2. Register for **JDRF Your Way** at www2.jdrf.org/ElTourCommunityEvent

JDRF Your Way is **FREE** and allows you to fundraise for JDRF and earn prizes