



Breakthrough T1D Community Summit Bethesda

Saturday, October 24, 2026

8:30 am	Attendee Check-In Begins	Grand Foyer
8:30 am	Youth & Teen Program Check-In Begins	White Oak Foyer Lower Level
8:30 am	T1D Resource Vendor Hall (open throughout event) Visit the vendor booths and mingle with others in our Mid Atlantic T1D community	Grand Foyer
9:00 – 10:15 am	Welcome Jaclyn Toll , <i>Territory Executive</i> Breakthrough T1D Mid Atlantic Mission Keynote Beyond Insulin: What's Next for People with T1D Brynn Marks, MD MSHPEd , <i>Senior Director, Medical Affairs</i> Breakthrough T1D	Salons AB
10:15 - 10:45 am	Break Coffee, tea, and light snacks available	Grand Foyer
10:45 – 11:45 am	Breakout Sessions (Choose one) Support Builds Strength: Empowering Students with T1D in the Classroom Updates in Diabetes Technologies Supporting Your Teen with T1D The Endos & Outs: Building a Stronger Relationship with Your Endocrinologist	Strathmore (Lower Level) Salon A Salon B Salon C
11:45 am	Youth and Teen Program Ends	
12:00 pm	Summit Ends	



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Breakout Sessions

Support Builds Strength: Empowering Students with T1D in the Classroom

Parents of school-aged children with T1D will hear from a fellow parent, a school nurse, and a psychologist about how the right support at school builds a child's confidence and independence. Speakers will share practical strategies for partnering with school staff and nurturing the emotional resilience students need to manage their diabetes. Attendees will leave with tools to support their child today and the encouragement to help them grow into confident self-advocates. *Audience: Parents/caregivers of a child with T1D*

Speakers: [Elizabeth \(Liz\) Elliott, MSN, RN, CDCES, NCSN](#), Montgomery County School Health Services, [Karen Dimentstein, PhD, MPH](#), Kennedy Krieger Institute and Johns Hopkins University School of Medicine, [Jessica Flynn](#), Parent Advocate

Updates in Diabetes Technologies

Diabetes technology is evolving quickly, and staying informed can make a real difference in daily life with T1D. This session offers a clear, practical overview of the latest advances in continuous glucose monitors, insulin pumps, and automated insulin delivery systems. Attendees will learn what's new, what's on the horizon, and how to think through options with your healthcare team. *Audience: Adults with T1D and Parents/Caregivers of a child with T1D*

Presenter: [Amanda Palmer, MPH, RN, CDCES](#), Johns Hopkins Pediatric Diabetes Center

Supporting Your Teen with T1D

The teen years can be full of anxiety and challenges for both the child and the parents. Join healthcare professionals, parents, and young adults for a candid discussion on navigating this stage of life and making a successful transition to independence with T1D management. *Audience: Parents/caregivers of a child with T1D*

Speakers: [Loretta Ishida](#), Parent Advocate, [Alyssa Danner, RN](#), Children's National Hospital, [Bryce Frederick](#), Patient Advocate, [Madelyn Sutter](#), Patient Advocate

The Endos & Outs: Building a Stronger Relationship with Your Endocrinologist

We all know the relationship with an endocrinologist is one of the most important partnerships we have in managing T1D. But it's not always easy to know when to steer the conversation, ask questions, or advocate for the care you need. This session brings those conversations to light through real experiences shared by people living with T1D and the healthcare professionals who support them. Whether you're living with T1D, caring for someone who is, or looking to strengthen the patient-provider relationship, join this discussion and discover ways to build a stronger partnership in your own care. *Audience: Adults with T1D*

Speakers: [Kendall Houghton](#), Patient Advocate, [Tim Burkett](#), Patient Advocate, [Lisa Igbani, MD](#), UVA, [Rosey Igbani](#), Patient Advocate, [Risa Wolf, MD](#), Johns Hopkins Medicine



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T1D Resource Vendor Hall Exhibitors

Abbott

ADCES Maryland

Beta Bionics

Brainy Ridge Camps

Breakthrough T1D Advocacy

Breakthrough T1D Clinical Trials Education

Breakthrough T1D Walk, Ride & Run

Camp Bru

Camp Possibilities

The Cybernetic Diabetic

Dexcom

Eating Glasses LLC

Insulet

Johns Hopkins Camp Charm City

Laura C. Gee, Author

Lions Camp Merrick

SAB BIO

Setebaid Services / Camp Setebaid

T1D1

Tandem Diabetes