

NATIONAL DIABETES AWARENESS MONTH

National Diabetes Awareness Month is observed every November to bring attention to diabetes and its effects on millions of Americans. As the leading global organization funding type 1 diabetes (T1D) research, JDRF leads the way to educate the public, and we hope the T1D community can help us spread awareness about what it means to live with T1D and raise funds to accelerate life-changing breakthroughs to cure, prevent and treat T1D and its complications.

IMPORTANT DATES



T1Day
November 1

World Diabetes Day
November 14

Giving Tuesday
November 28

FORWARD FOR T1D

Moving Forward for T1D unites us, urging everyone to join in and collectively stride towards a brighter, healthier future for those living with T1D. Together, we can raise awareness, foster a sense of community, prioritize better health, and champion research for cures. Type 1 diabetes won't stop us from moving forward.

Visit jdrf.org/ndam to learn more about how together, we are moving **#Forward4T1D**.



LEARN THE #DIABASICS



There are still misconceptions and a lack of understanding about T1D. Educate others by sharing myths and facts on social media or setting up a JDRF info table in a local store, your school, or work place.

For resources and more information about T1D, visit: jdrf.org/t1d-resources/about.

SCHOOL NURSE WEBINAR



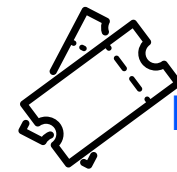
Join us for our first school health team webinar for the 2023-2024 school year: "Type 1 Diabetes Toolkit for the School Year: Basics and Beyond."

When: November 14 | 4-5 p.m.
Where: Zoom
Register: bit.ly/JDRFWebinar11-14

The intended audience for this webinar is members of the school health team and other interested healthcare providers.

LIGHT IT UP BLUE

Join our Light It Up Blue campaign and help raise awareness for World Diabetes Day, marked every year on November 14. Check out the participating landmarks in your area that will be lit blue: bit.ly/JDRFNDAM23.



JOIN JDRF NIGHTS OUT

Join JDRF and the T1D Community at one of our exciting JDRF Nights Out this November! Learn more at jdrf.org/greaternewengland/events.

- **Dine for Diabetes**
 - Jack's Abby | Framingham, MA
 - Pizzeria Uno | Nashua, NH
- **JDRF Hockey Nights**
 - Maine Mariners | Portland, ME
 - Worcester Railers | Worcester, MA

USE YOUR VOICE



Use your voice to help secure continued Federal funding for important diabetes research, inform health and regulatory policy, and improve the quality of life for those affected by T1D – until we find a cure.

Become an advocate today at jdrf.org/join!

PICTURE PERFECT

JDRF is **#PicturePerfect4Awareness** this month. Submit a photo for our social media contest of your house lit up/decorated in blue, dressing festive in blue, or visiting a local monument lit up on 11/14. All photos will be posted on our Facebook account (@jdrfgreaternewengland) on November 15. The photo from each state with the most reactions by



November 30 wins a fabulous prize!



CHATS FROM HOME

Tuesday, November 21

Come and meet other members of the T1D community, ask questions, share the triumphs and challenges of T1D, or just drop-in and listen. *With the exception of the adult chat, these sessions are intended for parents and caregivers of children living with T1D.*

Learn more at bit.ly/ChatsfromHome.