

## ERIC TOZER



Eric Tozer is a diabetes athlete ambassador who inspires the community through sports and utilizes his athletic accomplishments, such as Running Across America and Ironman triathlons, as a platform to be a role model in the diabetes community.

Eric had always lived a very active and healthy lifestyle, and he wasn't going to let his diabetes diagnosis control his life and he decided to take charge. Filled with desire to utilize his athletic talents to positively impact the sporting and diabetes community, in 2015 he co-founded Diabetes Sports Project; an organization built to inspire. Led by a group of world class athletes who thrive with diabetes, their stories, athletic accomplishments and community outreach empower others to live healthy, responsible and active lives. Collectively, they have run across America (10 man T1D relay in 15 days), qualified for the Ironman World Championship, the Boston Marathon and the USA Olympic Marathon Trials, summited Mt Everest, represented Team USA at the Triathlon World Championships, and much more! The DSP athlete ambassadors use their accomplishments as a platform to educate and inspire as they speak at diabetes camps, children's hospitals, support groups and industry events. Through sharing their personal stories and extensive knowledge-base of managing T1D and sports, they provide insight, guidance, education and inspiration to those affected by diabetes.

Growing up playing sports and being captain of his collegiate soccer team, Eric learned valuable lessons like commitment, discipline, determination and a positive attitude, which continue to help him with his daily diabetes management and pursue his dreams.