



TYPE 1 DIABETES INFORMATION

JDRF IMPROVING
LIVES.
CURING
TYPE 1
DIABETES.

What is Type 1 Diabetes?

T1D is a chronic autoimmune disease in which a person's pancreas stops producing insulin, a hormone people need to get energy from food. T1D strikes both children and adults, and its onset has nothing to do with diet or lifestyle. People with T1D depend on external insulin via injection or infusion with an insulin pump to survive. There currently is no cure.

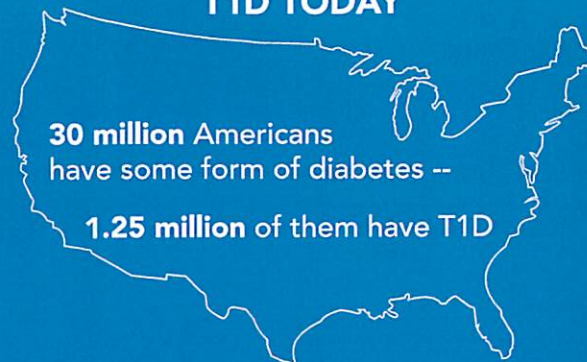
TYPE 1 DIABETES

Cause	Tied to autoimmune, genetic and environmental factors
Effect	Pancreas cannot produce insulin
Treatment	Lifelong insulin
Prevalence	Approximately 5% of diabetes cases
Prevention/ Cure	Cannot be prevented or cured currently

TYPE 2 DIABETES

Cause	Tied to aging, a sedentary lifestyle, obesity and genetic susceptibility
Effect	Pancreas cannot properly use insulin the body produces
Treatment	Managing diet and exercise, medications, possible insulin treatment
Prevalence	90-95% of diabetes cases
Prevention/ Cure	Possible to prevent or manage it by diet and/or exercise (for some)

T1D TODAY



5 million people are expected to have T1D by 2050 -- including a threefold increase of youth cases.

64,000 people are estimated to be diagnosed each year in the U.S.

Less than one-third of people with T1D in the U.S. are achieving target blood-sugar levels

More than **\$16 billion** is spent on T1D-associated direct medical costs in the U.S.

Warning signs of T1D often appear suddenly and sometimes require immediate medical attention.

These may include:



Extreme Thirst



Fruity Odor on the Breath



Frequent Urination



Dry Mouth



Increased Appetite



Drowsiness or Lethargy



Unexplained Weight Loss



Sudden Vision Changes



Heavy or Labored Breathing

Life with T1D

T1D is a disease that requires management 24/7. Insulin doses must be administered many times per day and calculated carefully based on food intake, exercise, stress, illness, the amount of time insulin remains active and other (often unpredictable) factors. People with T1D measure their blood-sugar levels through finger pricks at least six times per day (often many more) or by wearing a continuous glucose monitor. Even with a strict regimen, people with T1D may still experience dangerously high or low blood sugar levels that can, in extreme cases, be life threatening. Every person with T1D must become actively involved in managing his or her disease.

Finding a Cure

While insulin therapy keeps people with T1D alive, it is not a cure, nor does it prevent the possibility of serious complications from T1D. At JDRF, we fund research to deliver new devices and therapies that make day-to-day life with T1D easier, safer and healthier until we can ultimately cure and prevent this disease.

Sponsorship Opportunities

☐ GOLD - \$500

- Sponsor's name will be listed in all publicity for the event
- Public recognition at the event
- Complimentary 4-person team
- Signage at tee box
- Display at the event

☐ SILVER - \$350

- Sponsor's name will be listed in all publicity for the event
- Public recognition at the event
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- Signage at tee box

☐ BRONZE - \$200

- Sponsor's name will be listed in all publicity for the event
- Public recognition at the event
- Signage at tee box

☐ HOLE SPONSOR - \$100

JDRF exists so T1D won't. Our mission is to improve lives today and tomorrow by accelerating life-changing breakthroughs to cure, prevent and treat T1D and its complications. Learn more about JDRF's T1D resources at jdrf.org/T1D-resources.

Every gift takes us one step closer to a cure for T1D. Find out how you can support JDRF and make a difference in the lives of people with T1D by visiting jdrf.org/donate.



You can also follow us on:

f facebook.com/myjdrf

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jdrf.org

—Registration—

Team Sponsor/Name: _____

Contact: _____

Business Address: _____

Phone: _____

Email: _____

Please provide the following
information for all players:

Player 1: _____

Phone: _____

Player 2: _____

Phone: _____

Player 3: _____

Phone: _____

Player 4: _____

Phone: _____

Desired tee time ☐ A.M. ☐ P.M.

Please make checks payable to:

JDRF

Please return registration to:

Carmi Country Club
883 County Road 1350N
Carmi, IL 62821

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Second Annual TYPE 1 DIABETES GOLF SCRAMBLE

All proceeds benefit

JDRF IMPROVING
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SATURDAY, JULY 17

4-PERSON SCRAMBLE

\$50 PER PLAYER

TEE TIMES 8 A.M. AND 1 P.M.

COMPLIMENTARY LUNCH

CARMI COUNTRY CLUB

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FOR INFORMATION, CALL

618-384-5011