

AGENDA 5.13.2017

10th Annual TypeOneNation Summit-Southeast Michigan

"Living with Diabetes: A Family Day of Inspiration, Hope and Education"

Wayne County Community College District-Western Campus, Belleville, Michigan

7:30am-8:30am: Registration, Visit Exhibit Area

8:30am-9:30am: Morning Keynote

Good Morning T1D: Building a New Framework for Combination Therapy

Dr. James R. Gavin III, MD, PhD; CEO and Chief Medical Officer, Healing Our Village, Inc. Clinical Professor of Medicine, Emory University School of Medicine & Indiana University School of Medicine, Past President, Morehouse School of Medicine, Fairburn, Georgia.

Listen as Dr. Gavin brings an exciting perspective to non-insulin pharmacological management of patients with type 1 diabetes.

9:30am-10:00am: Break, Visit Exhibit Area

10:00am-10:50am: Workshop Session A only (choose one to attend)

KEY	
Workshop Audience	
A =	Adult
G =	General
P =	Parent

G Advanced Insulin Pumping

Carla M. Ferrise, FNP-BC and Lowell Schmeltz, MD, FACE; Associated Endocrinologists PC

Go beyond the basics...gain knowledge in how to excel in using your insulin pump

A The Science Behind Motivation and Ways to Make Healthier Choices

Erin Tobin, PhD; Henry Ford Health System

In this breakout session, relevant research related to intrinsic motivation and health will be briefly presented then strategies to help make healthy behavior changes will be discussed.

G Beaumont Children's Safe Sitter Class

Julie M. Surhigh, MD; Beaumont Children's Hospital

This class is intended to teach basic knowledge and hands on skills needed to care for children with T1D to grandparents, nannies, babysitters and other caregivers.

**runs two hours/must be pre-registered*

A CGM (Continuous Glucose Monitor) for the Adult Patient

Terra Cushman, RN, BSN, CDE; Henry Ford Hospital

More than just the numbers, it's about the prediction arrows, what they mean and using the evidence to help with decision making for safe diabetes therapy

P CGM-Continuous Glucose Monitoring for the Pediatric Patient

Michael A. Wood, MD; University of Michigan Medical School

Making sense of diabetes data for the pediatric patient

P Family Dynamics – Using Mindfulness to Help Manage Diabetes: Tips and Techniques that May Help Reduce Stress and Burnout

Amy E. Graham, Doctoral Candidate in Clinical Psychology; Dual Title in Infant Mental Health

The constant burden of managing blood glucose can lead to "diabetes burnout," for all members of the family. This session will help you learn how to use mindfulness, meditation, and self-compassion to reduce the stress of life with diabetes and lessen the feelings of burnout.

G Pumping 101: An Introduction to Insulin Pumping

Michael R. Brennan, DO; Beaumont Endocrine Center

New to T1D and Pumping? This class is for you!

P T1D Teenagers = A Challenge!

Lisa M. Richards, CPNP-PC; Promedica Physicians Group

For parents: helping your teen manage T1D

- G Do-It-Yourself Diabetes Technology**
Mike Hoskins, PWD and Editor: DiabetesMine.com
 A look at current and future open-source technology, born out of the Diabetes Community's frustration that new products are not being developed or approved fast enough; Because #WeAreNotWaiting
- G Nutrition beyond Carb Counting**
Eileen Labadie, MA, RD, CDE; Henry Ford Health System
 Nutrition is more than just carb counting- learn more about making healthy choices when it comes to proteins, fats, fiber, vitamins and minerals, and alcohol.
- G Quick, Nutritious Meals and Snacks at Home or Away: Perfect for the Busy Family**
Ann Hoffman, RDN, CDE, CSO; Covenant Healthcare
 Get tricks and tips on healthy snacks and packing yummy lunches
- G T1D and Your Rights: School and the Workplace**
Jacinta Florek, LLMSW, MPH; University of Michigan Mott Children's Hospital
 Understanding federal laws, discrimination, and reasonable accommodation
- G TrialNet – The Pathway to Prevention**
Andrea Haddad, BS, CCRP; University of Michigan Health System
 Hear how this unique screening can identify the early stages of T1D years before any symptoms appear. Visit TrialNet in the Exhibit Area for testing and more information.

10:50am-11:00am – Ten minute break to change rooms

11:00am-11:50am: Workshop Session B only (choose one to attend)

- G Advanced Insulin Pumping**
Carla M. Ferrise, FNP-BC and Lowell Schmeltz, MD, FACE; Associated Endocrinologists PC
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 For parents: helping your teen manage T1D
- G Diabetes on Capitol Hill**
Howard S. Blank, MD; Associated Endocrinologists PC
 What are the hot topics trending in Washington – the ACA, CGM coverage, Americans with Disabilities Act, and the SDP

G High Performance T1D

Tom Grossman, Runner/Skier/Cyclist and Will Cross, Mountain Climber

A panel of T1D athletes will discuss their experiences managing diabetes while performing in high pressure, elite athletic environments

G INSULIN: New Friends and Old

G. Matthew Hebdon, MD, PhD; Assistant Professor, Department of Medicine, College of Human Medicine, Michigan State University

A discussion of insulin: Past, Present, and Future

A Panel: Ask the Expert for the Adult Patient and their Spouse, Partner

Gary Rothenberg, DPM, CDE; University of Michigan; Thomas W. Gardner, MD, MS; University of Michigan Kellogg Eye Center; Wenche S. Borgnakke, DDS, MPH, PhD; University of Michigan School of Dentistry

P Taking T1D to School

Nanette Sabell, RPh, CDE and Nancy Holloway, RN, BSN, CDE

What you need to know about keeping our kids safe in school

G What is Your "GUT" Telling You?

William L. Hasler, MD; Professor, Internal Medicine, University of Michigan Medical School

Understanding the hypothesis behind gut microbes and T1D

12:00pm-1:00pm: Lunch, Visit Exhibits

12:15-1:00pm: Luncheon Keynote

Let Laughter Lower Your Blood Sugar!

Trisha Porretti, RN, BSN, CDE; PWD, Diabetes Educator, and Author- The Sweet Blessing: My Adventures in Diabetes, Coral Springs, Florida.

Enjoy lunch and listen as Trisha encourages and inspires us to focus on the positive diabetes outcomes that are achievable with education, acceptance, faith and humor! Trisha shares her optimistic message that laughter can lower our blood sugar!

1:00pm-2:00pm: Afternoon Keynote

What's Your Everest?

Will Cross, T1D Mountain Climber

Cross takes us through his three-year journey to the top of Mount Everest. Cross seeks to get the message out that if he can control his diabetes in these conditions, no one should feel hindered by diabetes, and he encourages us to find the explorer within! **Sponsored by Tandem Diabetes Care**

Closing remarks; Drawing for an iPad and an Apple Watch, courtesy of Solara Medical Supplies

Note: You must be present to win.

8:30am-2:00pm: Separate program agendas

JDRF Tot Town, for T1D Littles ONLY (ages 0-4)

JDRF Kids Camp (for Youth ages 5-12)

JDRF Teen Central (for Teens ages 13-19)