



# Breakthrough T1D Community Summit Richmond

Saturday, September 14 - 8:30 am–12:00 pm

<b>8:30 am</b>	<b>Attendee Check-In</b>	Lobby
<b>8:30 am</b>	<b>Youth &amp; Teen Program Check-In</b>	Commonwealth C
<b>8:30 am</b>	<b>T1D Resource Vendor Hall</b> Visit the vendor booths and mingle with others in our Richmond T1D community!	Blue Ridge Foyer
<b>9:15 – 10:25 am</b>	<b>Welcome &amp; Mission Moment</b> Christy McCurdy, Virginia Mission Board President  <b>Breakthrough T1D Research Update</b> Jaime Giraldo, PhD, Associate Director, Research	Blue Ridge C
<b>10:25 - 10:45 am</b>	<b>Break</b>	Blue Ridge Foyer
<b>10:45 – 11:45 am</b>	<b>Breakout Sessions (choose one)</b>  Supporting Your Teen with T1D Thriving with T1D–Tips, Tricks, and Triumphs for Adults Taking T1D to School	Blue Ridge A Blue Ridge B Blue Ridge E
<b>12:00 pm</b>	<b>Summit Program Ends</b>  <b>Bolus &amp; Banter for Adults with T1D</b>	Westin Lounge



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## Youth & Teen Program

<b>8:30 am</b>	<b>Youth &amp; Teen Program Check-In</b>	Shenandoah C
<b>8:30 am</b>	<b>Ice Breaker Activities</b>	Shenandoah ABC
<b>9:15 am</b>	<b>Youth - Magic Show with Jonathan Austin</b>	Shenandoah BC
	<b>Teens - Book Reading by Sarah Glenn Marsh</b>	Shenandoah A
<b>10:00 am</b>	<b>Youth - Book Reading by Sarah Glenn Marsh</b>	Shenandoah BC
	<b>Teens - Q&amp;A with Diabetes Link</b>	Shenandoah A
<b>10:30 am</b>	<b>Let's Get Crafty!</b>	Shenandoah BC
<b>11:45 am</b>	<b>Program Ends</b> Parents pick up youth and teens	

**Reminder: Parents must remain on-site at the Summit and will manage their child's diabetes throughout the event. You may be called to make treatment decisions. Please bring all necessary diabetes supplies including low treatments.**



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## Breakout Session Information

### **BREAKOUT SESSION: Thriving with T1D–Tips, Tricks, and Triumphs for Adults**

Audience: Adults with T1D and family members

Panelists:

- Christy McCurdy, *Patient Advocate*
- Treina Owen, *Patient Advocate and T1D Caregiver*
- Isobel Rowland, MS, RD, *Rowland Nutrition*

### **BREAKOUT SESSION: Taking T1D to School**

Audience: Caregivers of a child with T1D

Panelists:

- Stephanie Castro, *T1D Caregiver*
- Jessica Flynn, *T1D Caregiver*
- Tara Logwood, *Henrico County Public Schools school nurse and T1D Caregiver*
- Jan McNally, MSN, RN, CPN, *Children's Hospital of Richmond at VCU*

### **BREAKOUT SESSION: Supporting Your Teen with T1D**

Audience: Caregivers of a child T1D

Panelists:

- Shannon Abernethy, RN, BSN, CPN, CDCES, *Bon Secours Pediatric Endocrinology and Diabetes Associates*
- Lucianna Kelly, *VCU Diabetes Link member and patient advocate*
- Kamryn Thompson, *Patient Advocate*