

Behavioral Clinical Studies in Northern California

| Study type | Age | Location/ Sponsor | Study name and purpose | Basic inclusion criteria | Commitment/Benefit | Contact/More info. |
|------------------------|-------------|--|--|--|---|---|
| Device/ Behavior | 3-17 | Sacramento (2 visits) | COACH: Six month trial of CGM for people who have not used it before. COMPLETED | New to CGM | Six months of CGM. Dexcom and \$775 provided to pateints. | Natalie Marlen, capitolcts@gmail.com or Dr. Prakasam 916-426 1902, prakasg@sutterhealth.org clinicaltrials.gov/ct2/show/NCT03340831 |
| Device/ Behavior | 18-50 | Stanford (online) | ONBOARD is for adults who are not currently using CGM (or using it but not consistently). The study provides 3 months of CGM supplies and testing out a behavioral intervention to see if it supports uptake and continued use of CGM (and the other benefits that can come along with that). The study is fully virtual. | Not yet using CGM or not using CGM consistently. | Participants will be put in groups either "ONBOARD" or "CGM-only". Those in ONBOARD will schedule 4 60-minute online sessions with study interventionist (every 2 weeks). A1C values, CGM usage data, and psychosocial data will be collected at baseline, 3-months (post-intervention), and 6- and 12-months. | onboardstudy@stanford.edu or Molly Tanenbaum, 650-725-3955 mollyt@stanford.edu, clinicaltrials.gov/ct2/show/NCT04672654 |
| Diet / quality of life | 11-17 | Virtual study (George Washington University) | Low-calorie Sweeteners and Quality of Life: Studying the intake of foods and beverages containing certain sweeteners and quality of life | T1D ages 11-17 | 30 minute zoom meeting, \$30 compensation | e-mail: drinkT1d@email.gwu.edu |
| Body image | 15-30 | Stanford | Body Image: comparing two programs designed to improve body acceptance, reduce body image concerns, and reduce disordered eating behaviors | <ul style="list-style-type: none"> • T1D with body image concerns or disordered eating behaviors. • Female | Group 1: one hour online group meetings for six weeks Group 2: one hour videos for six weeks A few surveys/interviews over five months. Up to \$110 compensation. | info: diabetesbodyacceptanceproject.weebly.com email: diabetesbodyacceptance@stanford.edu. apply: https://redcap.link/thisinterest |
| Behavior | 6 ms-18 yrs | Stanford | 4T's study: 12-month clinical trial to see if increased contact with our team, technology use, frequent data review, and optional exercise modules can improve clinical outcomes. | Diagnosed within the last 31 days, and are currently being seen at Stanford Children's Hospital & Clinics. | Complete 6 surveys, wear CGM | Stanford4Tstudy@stanford.edu, (650)723-3383 |
| Behavior | 13-19 | Stanford (online) | The Insul-In This Together Study: The study is a family-based intervention designed to support families with type 1 teens and improve family dynamics and T1d management. | T1D teen and parent available. | Weekly 30 min. sessions held over 6 consecutive weeks. Surveys to complete online before, during, and after the sessions. A1C and CGM data to be provided. | For more information: insulinthistgether@stanford.edu, 650-736-1517. Complete initial screening survey: herehttps://redcap.link/IIIT |
| Behavior | 18+ | UCSF (online) | Online survey to measure patient's perceptions of the risks and benefits of islet cell transplants. | Experienced severe hypoglycemic events (requiring assistance/medical intervention) | 30 minute Online survey. \$20 compensation. | Leslie Wilson, Leslie.Wilson@ucsf.edu, diabetespreference.ucsf.edu/study-information |
| Behavior | 5-12 | Stanford (online) | Eddii: Eddi is an app to motivate kids around diabetes management. The eddii app connects to your child's CGM and has in-app games and rewards set by the parent. This research seeks to understand the effects of gamification and rewards on diabetes management. | <ul style="list-style-type: none"> • Access to an IOS device • Dexcom CGM | Participants will be asked to do the following: <ul style="list-style-type: none"> • Download the eddii app • Connect eddii to their child's CGM • Use the eddii app for 8 weeks • All study activities will take place remotely • Participants may be assigned to a control group | <ul style="list-style-type: none"> • Farhaneh Ahmadi, PhD • study@eddihealth.com • +1 (646) 409-6447 https://www.eddihealth.com/leafstudy |
| Care | 12-21 | Stanford | BEAD-T1D Trial- The BEAD-T1D study aims to increase the use of diabetes technology among disadvantaged youths. It will explore barriers to care, aiming to improve diabetes management and outcomes in this group. | This trial is for young people aged 12-21 with Type 1 Diabetes, especially from low socioeconomic backgrounds. Participants must be living with a parent or guardian if under 18 | | |