

# Behavioral Clinical Studies in Northern California

Study type	Age	Location/Sponsor	Study name and purpose	Basic inclusion criteria	Commitment/Benefit	Contact/More info.
Body image	11-17	Stanford (online)	<b>Diabetes Wellness Teen Study</b> is investigating risk factors that predict future onset of eating disorders in adolescents with type 1 diabetes. <b>RECRUITING</b>	If you are female identifying between the ages of 11-17, have type 1 diabetes, and use a continuous glucose monitor	Completion of five assessments: These will take place at study start, 3-months, 6-months, 1-year, and 2-years and include a 20 minute over-the-phone interview and completing surveys. Each assessment will take about an hour of your time. All study activities are remote! You can live anywhere in the United States to participate. You could earn up to \$125.	<a href="https://stanforddwts.weebly.com/">https://stanforddwts.weebly.com/</a> <a href="https://redcap.link/DWTSinterest">https://redcap.link/DWTSinterest</a> shirazh@stanford.edu 650-272-0461
Behavior	10-80	Stanford	<b>DiabetesWise for Exercise</b> - Make it easier for people with diabetes and their healthcare providers to access and utilize vetted, helpful exercise and physical activity guidance. <b>RECRUITING</b>	-T1D and T2D -English or Spanish Speaking -Any Insurance -On any Diabetes Technology	study is 6 months long	PI: Dessi Zaharieva Lead Project Manager: Lauren Figg lefigg@stanford.edu
Behavior	11-21	Stanford	<b>SPEED</b> class and opportunity to wear a physical activity tracker to observe how exercise impacts blood glucose. <b>RECRUITING</b>	T1D ages 11-21	complete SPEED class pre-enrollment wear a physical activity tracker study is 20 months long	PI: Dessi Zaharieva, PhD Lead CRC: Ilenia Balistreri illiee@stanford.edu
Body image	15-30	Stanford	<b>Diabetes Body Acceptance Project</b> - comparing two programs designed to improve body acceptance, reduce body image concerns, and reduce disordered eating behaviors <b>RECRUITING</b>	T1D with body image concerns or disordered eating behaviors Female	<b>Group 1:</b> one hour online group meetings for six weeks <b>Group 2:</b> one hour videos for six weeks A few surveys/interviews over five months. Up to \$110 compensation.	<b>info:</b> <a href="https://diabetesbodyacceptanceproject.weebly.com">diabetesbodyacceptanceproject.weebly.com</a> <b>email:</b> diabetesbodyacceptance@stanford.edu. <b>apply:</b> <a href="https://redcap.link/thinterest">https://redcap.link/thinterest</a>
Behavior	13-17	UCSF	<b>DREAM</b> - Device Use Reimagined Through Education And Mentorship <b>RECRUITING</b>	Adolescents with T1D of any duration receiving diabetes care at UCSF, CHLA or UC Davis Self-identify as Latina/o/x or other variations such as Hispanic	Virtual care group	Jenise C Wong, MD, PhD <a href="https://clinicaltrials.ucsf.edu/trial/NCT06546930">https://clinicaltrials.ucsf.edu/trial/NCT06546930</a> <a href="https://clinicaltrials.gov/study/NCT06546930">https://clinicaltrials.gov/study/NCT06546930</a>
Care	12-21	Stanford	<b>BEAD-T1D Trial</b> - The BEAD-T1D study aims to increase the use of diabetes technology among disadvantaged youths. It will explore barriers to care, aiming to improve diabetes management and outcomes in this group. <b>RECRUITING</b>	Ages 12-21 with Type 1 Diabetes, especially from low socioeconomic backgrounds.	Weekly virtual modules for four weeks Youth diabetes management and technology use Families compensated in stages Recruiting 20 families	<a href="https://redcap.stanford.edu/surveys/?s=TNXFLNNDTDEXYDWM">https://redcap.stanford.edu/surveys/?s=TNXFLNNDTDEXYDWM</a>
		Stanford	<b>Time in Tight Range Survey</b> - Stanford University is conducting an anonymous survey about views on a new metric to assess diabetes outcomes. <b>OPEN SURVEY</b> <a href="https://redcap.stanford.edu/surveys/?s=TNXFLNNDTDEXYDWM">https://redcap.stanford.edu/surveys/?s=TNXFLNNDTDEXYDWM</a>	Ages 18+	Complete a virtual survey	Contact: Molly Tanenbaum at titrstudy@stanford.edu <a href="https://redcap.stanford.edu/surveys/?s=TNXFLNNDTDEXYDWM">https://redcap.stanford.edu/surveys/?s=TNXFLNNDTDEXYDWM</a>
Behavior	18+	UCSF (online)	Survey to measure patient's preferences for the risks and benefits of islet cell transplants. <b>OPEN SURVEY</b> <a href="https://diabetespreference.ucsf.edu/study-information">https://diabetespreference.ucsf.edu/study-information</a>	Experienced severe hypoglycemic events (requiring assistance/medical intervention)	30 minute Online survey \$20 compensation.	Leslie Wilson, Leslie.Wilson@ucsf.edu, <a href="https://diabetespreference.ucsf.edu/study-information">diabetespreference.ucsf.edu/study-information</a>