

EVENT DATE CHARITIES

JUNE 25th - JULY 23rd - AUGUST 20th







EVENT DETAILS

- Located at SILVER LINING STAGE REGNER PARK
- Each event is 45 minutes of POUND cardio workout
- July 23rd Event Includes 'GENERATION' Pound for KIDS!
- \$15 per person Open to Public
- Registration begins at 6:00pm
- Starts at 6:30pm Rain or Shine
- Bring yoga mat/beach towel & water
- 50/50 Cash Drawing at each event



SPONSORS







