



Breakthrough T1D™

Formerly JDRF



Breakthrough T1D Early Detection

Know Your Risk, Before Symptoms Appear

Thanks to advances in research and a better understanding of the human immune system, we can now detect risk for type 1 diabetes (T1D) many years before the onset of symptoms. This makes it possible to prevent serious illness that often comes with a T1D diagnosis. Breakthrough T1D Early Detection—our education and awareness program for T1D early detection—will arm you with the information you need to understand why early detection is important, how to participate, and resources when you receive the results, including an opportunity to take part in preventive treatment or a clinical trial.

What is Type 1 Diabetes Early Detection?

T1D is an autoimmune disease. Most people who are diagnosed with it have no family history. A simple blood test can identify people at risk by looking for markers in their blood called autoantibodies. These autoantibodies signal that the body's immune system is attacking the insulin producing cells in the pancreas. Early detection can be conducted through your doctor's office or a research study—scan the QR code to view these options.

Program Goals



Give families time to plan and prepare before the onset of the condition



Prevent life-threatening complications and hospitalization at the onset of symptoms



Identify at-risk people, who can take advantage of preventive therapies or participate in clinical trials

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My daughter was at-risk for developing type 1 diabetes. I enrolled her in a clinical trial several years ago, and, today, she has yet to progress into clinical diabetes. The potential to be involved in a clinical trial that, hopefully, prevents the disease is truly gamechanging.”

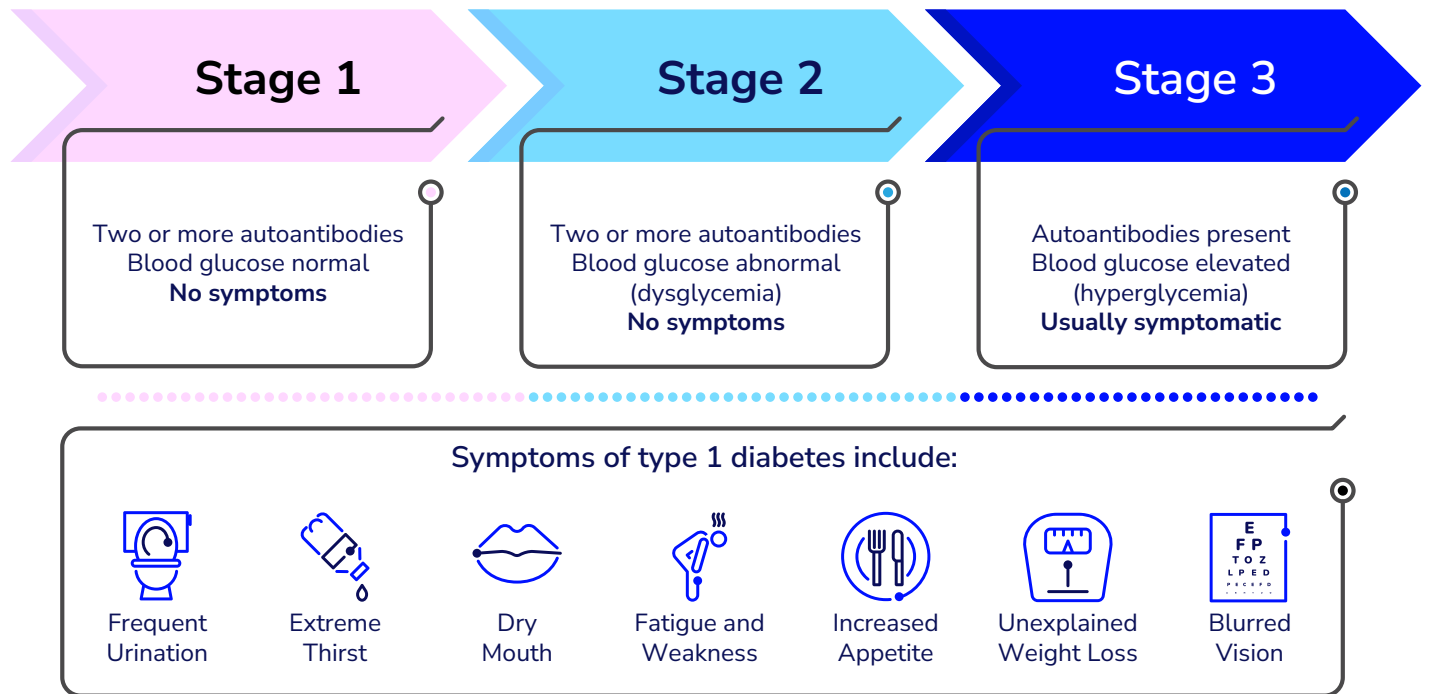
Cory W.

With your support, we are creating a movement to improve and change life with T1D, advancing breakthroughs on the way to cures.

To find out more, visit [BreakthroughT1D.org](https://www.BreakthroughT1D.org).

Stages and Symptoms of T1D

T1D develops in stages over time. Early detection identifies people who have early-stage T1D, but no symptoms. When autoantibodies are detected, knowing the signs and symptoms of T1D, and creating a monitoring plan with your doctor, can help prevent hospitalization at diagnosis.



Prevention is Cure

By identifying more people who are in the early stages of T1D through early detection researchers can learn more about the progression of the disease and contribute to research that aims to discover how to delay and ultimately prevent it from occurring.



Learn more about Breakthrough T1D's Early Detection program by visiting BreakthroughT1D.org/earlydetection or scanning the QR code.

