



Breakthrough T1D Participant Advisory Council

Informing clinical trial design from the type 1 diabetes (T1D) perspective

Many people living with T1D do not participate in clinical research. Many are simply never asked; others are uncertain what is expected of them. Some encounter barriers to participation, including challenges understanding medical terminology and paperwork, lack of access to transportation, difficulty scheduling visits, and loss of income associated with time off work. Breakthrough T1D is committed to eliminating these barriers to ensure that all members of the T1D community can participate in clinical research.

Breakthrough T1D created the Participant Advisory Council (PAC) to ensure the voices of people with type 1 diabetes are included in the earliest stages of research design. PAC members represent the breadth and depth of lived experience in the T1D community. The goal: Promote representation and ensure the participant's voice is used to inform clinical trial design and implementation.



What is a PAC?

Participant Advisory Councils (PACs) are boards of volunteers created to involve people with diverse backgrounds in the design and execution of clinical trials.

In most research, the patient voice is not included in clinical trial design. This means there are often unanticipated barriers that prevent people from participating in clinical trials.

The PAC is a step towards achieving treatments, cures, and solutions for ALL people affected by T1D.

With your support, we are creating a movement to improve and change life with T1D, advancing breakthroughs on the way to cures.

To find out more, visit **BreakthroughT1D.org**.

Participate in the Breakthrough T1D PAC and shape the future of clinical trials:

Clinical trials are necessary to treat, prevent, and cure T1D

Many clinical trials are delayed due to slow enrollment. **A PAC could potentially identify enrollment barriers while the trial is being designed**

Full representation of the T1D community in clinical trials is important in order to ensure that all people with T1D benefit from research

Commitment by PAC members:



Each member will serve a two-year term on the PAC



You will complete a member information form and attend a PAC orientation



You will be contacted when your expertise is needed by a specific organization designing a trial. You will be offered the opportunity to provide feedback about the trial design



You can choose not to participate. If that is the case, you will still be eligible to be contacted by other organizations when your perspective is needed



The organization may ask you to sign a confidentiality agreement or other paperwork



Want to learn more?

Contact Michelle Simes-Kennedy at
MSimes-Kennedy@BreakthroughT1D.org
Visit BreakthroughT1D.org/ClinicalTrials



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