



# Utilizing the Breakthrough T1D Participant Advisory Council (PAC)

The Breakthrough T1D Participant Advisory Council (PAC) is comprised of people who represent a diverse lived experience with type 1 diabetes (T1D) across the lifespan. PAC Members provide input by partnering with researchers from the earliest stages of clinical trial design. The primary goal is to ensure the voices of people with T1D are included in study design.



## What is the Breakthrough T1D PAC?

**The Breakthrough T1D PAC is a group of volunteers currently comprised of:**

Parents of children living with type 1 diabetes

Adults living with type 1 diabetes (diagnosed as children or during adulthood)

Individuals in early-stage type 1 diabetes (stage 1 or stage 2)

The Breakthrough T1D PAC is intentionally comprised of people who represent different lived experiences within the type 1 diabetes community. Each member applies to the PAC and is oriented by Breakthrough T1D Staff.



## Frequently Asked Questions

### Who can utilize the Breakthrough T1D PAC?

Anyone designing or conducting a clinical trial, including academic institutions, industry partners, consortia, and government agencies. Breakthrough T1D PAC Members can be utilized in different ways, depending on the need.

### Are PAC Members compensated?

Breakthrough T1D PAC Members are Breakthrough T1D volunteers and are not compensated by Breakthrough T1D. However, after a Breakthrough T1D PAC Member has been matched with your organization, you may choose to independently compensate or reimburse the Breakthrough T1D PAC Member based on the time commitment or travel requirements. Any agreement for compensation is solely between you and the Breakthrough T1D PAC Member.

### How much time can PAC Members commit to projects?

Breakthrough T1D orients Breakthrough T1D PAC Members and sets the expectation that the time commitment for their role will be variable based on each investigator's request. Because Breakthrough T1D PAC Members have the choice of whether or not to commit to a request, it is helpful for Breakthrough T1D to have as much information about the time commitment requirements to provide when sharing the request.

### How much time does it take for to identify PAC Members?

Typically, it is best to provide about 2 weeks for Breakthrough T1D to solicit interest from PAC Members. We want to give PAC Members enough time to read over the request, decide whether it may be a good fit for them, and then to respond with their interest.

**Do PAC members have expertise in clinical trial design and conduct?** Please note that the Breakthrough T1D PAC consists of Breakthrough T1D volunteers who live with or have a family member with T1D and who are interested in helping to provide the patient voice. These volunteers have varying levels of experience with clinical trials/research. Any opinion or input expressed by a Breakthrough T1D PAC Member is solely that of the volunteer and does not necessarily reflect the views of Breakthrough T1D.



## Next Steps:

Set up a meeting with Breakthrough T1D staff to discuss your study and how the Breakthrough T1D PAC can help: [MSimes-Kennedy@BreakthroughT1D.org](mailto:MSimes-Kennedy@BreakthroughT1D.org)

Breakthrough T1D Staff will solicit interest from Breakthrough T1D PAC Members and send this list to your organization

Fill out the PAC Request Form (scan QR code) to tell us more about how you would like to engage PAC members



Your organization completes NDA and any contractual agreements with individual PAC members (as needed)

With your support, we are creating a movement to improve and change life with T1D, advancing breakthroughs on the way to cures.

To find out more, visit [BreakthroughT1D.org](https://BreakthroughT1D.org).