

# THE STATE OF T1D

# Type 1 Diabetes by the Numbers

## Incidence and Prevalence of Type 1 Diabetes (T1D)

### T1D in the United States



**1.5 million people** live with T1D in the U.S.

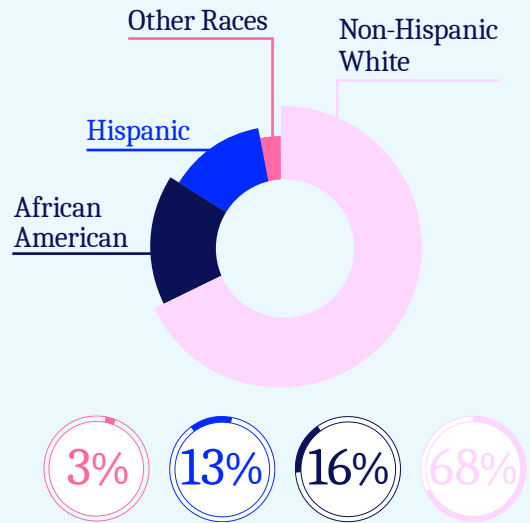


Of the 1.5 million Americans living with T1D, **199,000** are children under 20.



Most people with T1D are between the **ages of 45 and 65**.

### Demographic Research Findings about T1D in the U.S.



The prevalence of **T1D is increasing across all populations**, most significantly among Hispanic youth.



**9.5 MILLION PEOPLE WITH T1D WORLDWIDE**

## Recent T1D Breakthroughs



**2022**

Backed by **Breakthrough T1D**, TzielD®, the first therapy to delay the requirement of insulin therapy for T1D, is approved by the FDA.



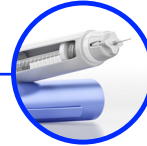
**2024**

**Project ACT** (Accelerate Cell Therapies) launched to speed up cell therapy research projects, advocacy work, and clinical adoption.



**2025**

**Breakthrough T1D** launched the first Barbie with T1D in partnership with Mattel, raising awareness for the T1D community.



**2025**

**Breakthrough T1D**-Funded non profit insulin manufacturer, Civica, announces affordable insulin at no more than \$55 for five pens of long-acting insulin.



**Breakthrough T1D™**

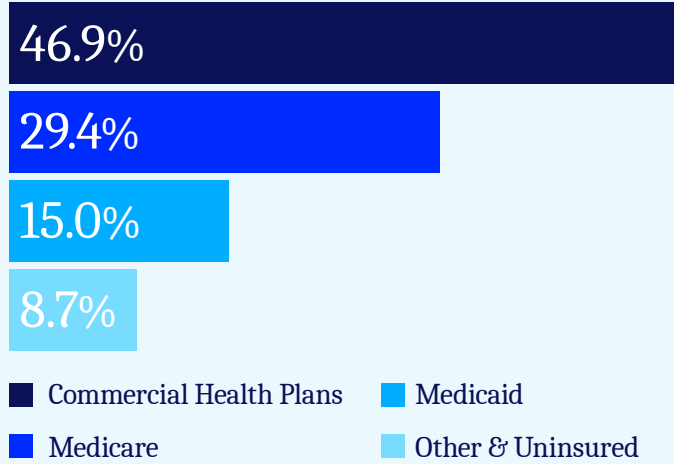
Formerly JDRF

To find out more, visit [BreakthroughT1D.org](https://BreakthroughT1D.org)

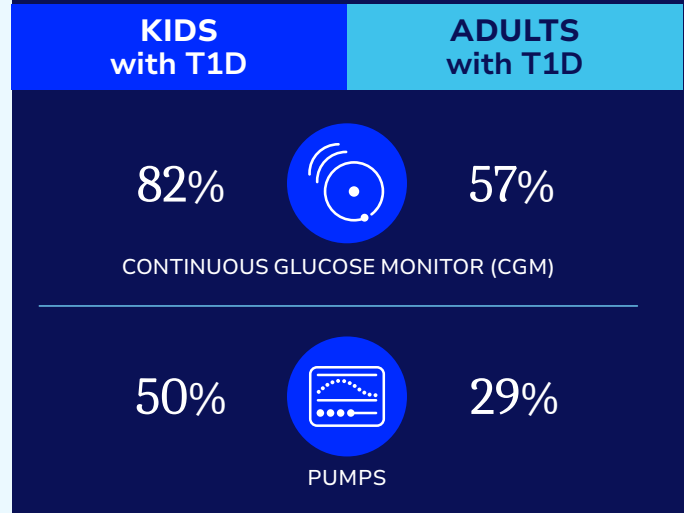
## T1D Health Care

Treatments and technology for type 1 diabetes (T1D)-including continuous glucose monitors (CGMs) and insulin pumps-have improved quality of life. Access to coverage and adoption is limited.

### Insurance Coverage for People with T1D (U.S.)



### CGM and Insulin Pump Use Between 2021-2023 (U.S.)



**Insulin pump utilization** has become more prevalent in the U.S., but research shows pumps are less common among people of color with T1D and among people with government insurance coverage in the U.S.

## Our Mission to Drive Toward Cures While Improving Lives



**500+** active T1D research projects funded to improve health outcomes.



**300** cell therapy research projects funded to accelerate progress toward cures.



**Global screening and early detection program** to identify the condition in its early stages before insulin-therapy is required.



**\$1.2 billion+** invested from 2019-2025 was directed to cure T1D and improve lives with the majority-approximately 82%-focused on cures.



The bi-partisan supported, Breakthrough T1D-championed Special Diabetes Program (SDP) has led to improved health for people with diabetes, resulting in more than **\$50B in federal government savings** due to fewer expensive health care episodes.