



# Early Detection Pilot Program

Early Detection is Breakthrough T1D's education and awareness program for type 1 diabetes (T1D) screening, follow up, and monitoring. The purpose of the program is to increase knowledge about the benefits of early detection, provide information on currently available screening pathways, and ensure individuals with islet autoantibodies receive recommended clinical care and follow up monitoring, including information about currently recruiting research studies and FDA-approved therapies.

## Benefits of Early Detection

Screening can help identify T1D early, before symptoms occur and before insulin is required. Early detection of T1D has many proven benefits, including:

- Reducing the risk of diabetic ketoacidosis at diagnosis of Stage 3 T1D
- Connecting individuals who have early stage T1D to research studies aimed at delaying and preventing the onset of T1D
- Referring at-risk and early stage individuals to specialists for follow-up

## Early Detection Pilot Program

Breakthrough T1D is partnering with clinical practices to support their efforts to establish best practices in the clinical implementation of T1D autoantibody screening and monitoring.

Early Detection Pilot Program Goals:

- Implement T1D screening in diverse clinical settings
- Demonstrate the feasibility, acceptability, and efficacy of islet autoantibody screening and follow up monitoring in the clinical setting
- Explore sustainability of T1D screening and follow up monitoring in the clinical setting
- Improve access to T1D screening and reduce disparities in participation by underrepresented populations
- Develop patient facing materials to improve knowledge about early stage T1D (Stages 1 & 2)
- Increase healthcare professional (HCP) knowledge of T1D islet autoantibody screening and follow up monitoring
- Contribute to the scientific literature

## Early Detection Support

- Subsidies to cover cost of screening to reduce out-of-pocket costs for individuals
- Subsidies to cover dedicated staff time to develop clinical workflow and standard operating procedures
- Accredited HCP education
- Customizable patient-facing education materials
- 1:1 consultation on clinical workflow design

**Interested clinical practices can [sign up here](#) for more information.**